



Statement of Intent

Oakdale Netball Club ("The Club") is committed to providing an environment which ensures members are fit and well enough to play netball safely. The following information is provided to assist in managing the wellbeing of players in relation to injuries, accidents and medical conditions and to provide guidelines on the appropriate action to take in relation to each of these situations if they arise on game day or at training. It also outlines expectations of players returning from injury or with active medical conditions/injury.

Team Primary Carer

Each team has nominated a Primary Carer who will have the courtside duty of care for all players of that team during competition games.

First Aid Kits

All match-day bags contain first aid kits that are re-stocked at the commencement of each season. All Team Managers/Primary Carers are responsible for keeping the first aid kit and should check the first aid kit regularly throughout each season. They are required to advise the Club First Aid Officer of any items required to restock the kit.

Medical Conditions

Players with existing medical conditions, which may affect their ability to perform, are expected to inform the Club prior to each season by disclosing such conditions at registration via PlayHQ. Should a condition be diagnosed midway through a season, the Coach and Club Secretary should be informed in writing. This includes, but is not limited to, asthma, Type I Diabetes and anaphylaxis. Emergency treatment plans should also be discussed with the Coach and Primary Carer in the event a player should require assistance in treating said medical condition and a parent/guardian is not present.

Should a player be diagnosed with a Concussion (whether whilst playing/training for Oakdale or sustained in another situation), they must immediately inform the Club Concussion Officer in writing (via Club Secretary) so that the Concussion Officer can ensure the Concussion policy is followed. (Refer Concussion section in this policy)

At the Coach's discretion, it may be necessary to confidentially advise committee members. Coaches, Team Managers and Primary Carers cannot be responsible for illnesses or conditions that are not disclosed to the club.

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Injuries/Incidents

The Coach or Primary Carer will manage any injuries or accidents occurring at Oakdale Netball Club training sessions. The first aid kit is available for treating minor injuries/accidents. In the case of serious injury or accident where a parent/guardian is not present, the Team Manager (or Coach) should attempt to call the emergency contact numbers provided, to gain instructions in relation to treatment. If unable to reach any emergency contact numbers, the Coach should consult with another Coach, age level co-ordinator or committee representative at the training session (if available) and determine the most appropriate action to take. If in any doubt about the wellbeing of the player, the Coach should call an ambulance immediately, stay with the player and ensure another Coach/adult continues to try and contact the emergency numbers provided.

Where an athlete cannot resume training or game, a First Aid Report Form is to be completed and signed by the Coach (or primary person treating the injury/illness) and the injured player/parent. This information will be provided to the Club Secretary to register. The form can be found [here](#).

During competition, the Coach and Primary Carer needs to be aware of any medical conditions relating to their players and take the appropriate action to remove a player from the court if they deem necessary. The Primary Carer should escort the injured player off the court for medical treatment. If a player sustains an injury during competition, the First Aid Officer at Netball SA stadium should be notified and the injury recorded whilst treatment is being administered. This is important for insurance purposes. In the case of serious injury or accident during competition where a parent/guardian is not present, the Coach/Team Manager should follow the same procedures as outlined for training sessions.

If a player sustains an injury/concussion outside of Oakdale training or games, please complete the Injury and Concussion Notification form found [here](#).

Attendance and Wellness

If a player presents at training, or for competition matches, it will be assumed they are ready to fully participate in both unless the players or parent/guardian specifically instructs the Coach otherwise. It is the responsibility of the player/parent/guardian to advise of any modified training or match requirements.

Returning from Injury/Illness (excluding Concussion)

Where a Health Professional has recommended an athlete does not train/play for a period of time due to injury, illness or surgery, the athlete will require medical clearance to return to

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training and play. A medical clearance certificate from a Health Professional should be provided by email to the Club Secretary before the player can resume training or playing.

Where concussion has been sustained, return to train/play is managed according to the Netball Australia policy referred to in this document.

Concussion

Oakdale Netball Club adopts the Netball Australia Guidelines for the Management of Sports Related Concussion in Netball. All incidents of concussion will be managed according to this policy. The most recent guidelines are dated April 5 2024 and can be found [here](#)