



Weather Policy

Hot Weather Policy

Oakdale Netball Club aims to raise awareness about the associated issues with exercising in hot and humid weather and supports the **South Australian Sports Institute (SASI) 'Heat Policy'**.

The Club aims to:

- Raise awareness about the issues associated with exercising and/or competing in hot and humid conditions
- Help and notify organisers, coaches, athletes and parents whether an event or training should be modified or cancelled and when it is safe to compete or train in the heat.
- Minimise any risks during activities by following the SASI Heat Policy's suggestions of prevention, intervention and management at times of hot weather conditions.

Oakdale is also bound to adhere to the '*City Nights Hot Weather Policy 2022/2023*'.

Wet Weather Policy

Oakdale Netball Club is guided by the **Netball SA – Extreme Weather Guidelines for Member Clubs & Associations** when maintaining the safety for organisers, coaches, athletes and parents during extreme weather condition of hail and lightning.

References

'City Night Hot Weather Policy 2022/2023', effective 2022/2023

'Netball SA Extreme Weather Guidelines for Member Clubs & Associations' 2015 Approved 1 May 2014, Cited May 2018.

'SASI Heat Policy for SAISI Athletes', Effective August 2011, cited May 2018.

This policy is reviewed and endorsed by the Committee of the Oakdale Netball Club.

[Policies & Guidelines - Netball SA](#)

[NSA-POL-32-2-Extreme-Weather-Guidelines-for-Member-Clubs-Associations.pdf \(netball.com.au\)](#)

Last reviewed M Kroschel 2023

Signed:

Bronwyn Thain

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Date: January 2023

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